

Welcome to Selsey

Welcome to Selsey, a quiet seaside town, almost an island, surrounded on three sides by the sea, and on the fourth side by the Broad Rife, a local stream. Selsey derived its name from the Saxon name of "Seals-ey" or Island of Seals as it was at that time.

USEFUL INFORMATION:

Dentist for the disabled – Jubilee Dental Centre 01243 831794

Dentist, High Street – 01243-606134

Electricity Power Cuts – 0800-072-7282

Food Bank: 01243-601032

Gas Emergency – 0800-111999

NHS Dentist, Chichester: 08445 769676

Police: dial 999 or 101 if less urgent. E – mail: Chichester.npt@sussex.pmm.police.uk

St Richard's Hospital: 01243 788122

Selsey Centre: 01243-603836. The Centre hosts classes and workshops in dance, crafts, music, exercise, table top sales, etc.

Selsey Coastguard: dial 999 and ask for the Coastguard

Selsey Community Forum: 01243-603983. Chairman –Mike Nicholls 07508-716037.

Selsey Community Warden: 07768 206974.

Selsey Community Watch: 01243-201616.

Selsey Information Centre: 121 High street – 01243 201616. info@selsey.co.uk

Selsey Library: 01243 602096

Selsey Lifeboat Association (RNLI): 01243-602729

Selsey Medical Centre: 01243 608201

Selsey Post Office – inside the Co-op, High street & Mrs Pretty's at East Beach shops.

Selsey Town Council: High street - 01243 605803

Selsey Works: 01243 200975 – help with CV's, finding jobs, benefits, budgeting, etc.

Social Services: 01243 642121

Churches: East Beach Evangelical Church, Marisfield Place: 01243 607741

St Peters Church, Chichester Road: 01243 601984

St Wilfrid's Catholic Church, Church Road: 01243 602312

Selsey Methodist Church, High Street: 01243 601032

Schools: Medmerry Primary School, High Street: 01243 602788

Seal Primary Academy, East Street: 01243 605278

The Academy High School, School Road: 01243 602558

Transport: Community Transport: Venture bus for the elderly – 01243 605115. Selsey Lions Club: 01243-602021 Selsey community bus (Selsey Shuttle) – 01243 605353, Network Rail: 08457 114141. Stagecoach buses: 08712 002233.

Meet your local MP and councillor 2nd Saturday/month:

10am-11am. Town Hall, High Street 01243-605803.

For a 1-1 appointment between 11am-12 noon tel: 0207-219-1193 Gillian Keegan or e-mail

Gillian.keegan.mp@parliament.uk

Art Classes:

Art class at St. Wilfrid's Church – 01243-602312.

Art class for beginners and returners at St. Wilfrid's Church – 01243-603332.

Art Class for beginners at The Selsey Centre: 01243-603836.

SPORT:

5k Prom Run from The Oval Field: Monthly.

Aerobics (low impact), Selsey Centre, Manor Road – 07826-924923

Basketball at The Academy School, 01243-602558

Body Conditioning class and Dance & Tone classes at The Selsey Centre 01243-603836.

Carpet Bowls: Medmerry Primary School: 01243-681663.

Crablands Bowls & Tennis Club: 01243 601859/01243-603499.

Cricket - Selsey Cricket Club: 07968 961323 or www.selseycc.co.uk

Cycling: Glenda Baum 01243 601090

Football :-

Five a Side football club: 01243 602085

Friday Football: 01243-602558.

Selsey Football Club: 01243-603420

Walking Football for the over 50's: The Academy 01243-602558.

Little Spain Bowling Club: 01243-606453 or lsbowlsclub@gmail.com

Netball at The Academy - Penny on 07762 922405

Pilates classes at The Selsey Centre – 01243-603836.

Selsey Bill Aqua Club: www.selseybillsubaquaclub.co.uk

Selsey Golf Club and Country Club: 01243 602165 or www.selseycountryclub.co.uk

Selsey Power Rangers : Meet at Hillfield Road Car Park.

Selsey Striders – Meet at Hillfield Road Car Park.

'Steady & Strong' class for posture & balance at the Selsey Centre: 01243-603836.

Table Tennis at The Selsey Centre: 01243-603836.

Yoga and wellbeing at the Selsey Centre and various other venues. 07817-135472.

Charities and clubs:

Baking Club at St. Wilfrid's Church, Church Lane: 01243-602312.

Community Choir: The Methodist Church, High Street. 01243-601032.

Folk & Music Club: 01243 607260

Gainsborough Singers: 01243-607796.

Gardening Club : 01243 604634

Jigsaw Puzzle Club: 01243 605942

LINC – Ladies in Contact: Telephone 01243 603750 Beryl Fletcher.

Lions Club: 07710 405011 **(The LIONS hire out Mobility Scooters)**

Model Boat Club: 01243 601550

Royal British Legion: 07791 808897

Royal Naval Association: 01243-607485/01243-604037.

Seal Island swimming Club at The Oasis Pool, Bunn Leisure :

Seal Island WI: 01243 604059 and Selsey WI: 01243 603221

Seal W.I. 01243-603221

Selsey Camera Club: selseycameraclub.co.uk

Selsey Care Shop: 01243 201616

Selsey Cinema Club: 01243 605803

The Writers Circle: 01243 601550

Upper Norton Association: 01243 641694

VIP Club for the visually impaired 01243 602730

Wildlife & Conservation:

Brent Lodge Wildlife Hospital: 01243 641672

Cat & Rabbit Centre: 01243 641409

Chichester Conservancy Volunteers: 01243 782501

Manhood Wildlife & Heritage Group: 01243 607104

RSPB – Giving Nature a Home: 01243 641508

Sussex Wildlife Trust: 01243 262833, 01243 603705

Selsey Events:

Art events exhibitions & workshops: 01243 603332

Christmas Day Community Lunch: 01243 201616. info@selseyinfo.co.uk

Cloud Nine Musical Productions: 01243 602260

Dance & music events: chrisbutlerselsey@hotmail.co.uk

SACOS Musical Productions: Les Hilton 07967 638316

Selsey Arts Dream: chrisbutlerselsey@hotmail.co.uk

Selsey Festival – carnival, numerous festivities & events in August: 01243 605803

Selsey Lifeboat Week – fireworks, treasure hunts, fishing & more: 01243 604936

Walking & Outdoor Festival: Ann Humphrey – selseywalkingfestival@gmail.com

Activities for Young People:

Youth Dream: www.selseyinfo.co.uk/youthdream

Youth Dream is a resource for young people living in Selsey running 11 different clubs in various sports, drama, gadgets, film, sewing, etc.

BMX track at East Beach.

Ballet and tap classes from pre-school - school years 7-11 at Selsey Centre 01243-603836

Bright Sparks Youth Club for school yrs 1-4 at East Beach Church: 01243-607741.

First Selsey Beaver Scouts: 01243 603090

First Selsey Brownies: Anne Wheway 01243 697091. anne.wheway@tesco.com

First Selsey Cubs: 01243 641366

First Selsey Guides: Rosemary Beal 01243 605889 selseyguides@gmail.com

First Selsey Island Explorer Scouts: 01243 606156

First Selsey Rainbows: Janet Luck 01243 604768

First Selsey Scouts: Barry 01243 602135, Debz 07872 491901

Girls Football at The Academy:

Kick Boxing: 0800 999 5411

Second Selsey Brownies: Hilary 01243 527595. hilaryds18@btinternet.com

Skate Park at East Beach.

Snak Shak – a youth drop-in centre at 139 High Street: 01243 607197

Soft Play for babies and toddlers at Selsey Centre (term-time) 01243-603836.

‘Spageti’ – a truly messy play experience – Methodist Church for 6 months – 5 years.
07779058118.

Sunbeams Parent & Toddler Group at East Beach Church: 01243-607741

THE BRIDGE: Youth and Parenting Support Centre: 01243 608943

Tap and ballet classes at the Selsey Centre: 01243-603836.

Youth Clubs, (term-time):-

Bright Sparks Youth Club for school years 1-4 at East Beach Church 01243-607741

Ignite Youth Club for school years 7-11 at East Beach Church – 01243-607741.

Lighthouse Youth Club for school years 5-8 at East Beach Church 01243-607741

Activities for older people: (Also see under Charities, Clubs and Sport)

Bridge Club: 01243-602250

Crablands Bowling Club: Derek: 01243 601547 or Chrissie: 01243 601859

Crafty Natter Club: 01243 601032

Darby & Joan Club: 01243 01243 937730 or 078385 49034. Kim.

Dementia information – brochures and details of local clubs for carers and people with dementia 01243-201616. Including the following:-

‘Shop Talk’ A safe, cosy meeting place for carers and people with dementia.

Dementia Peer Support Group – The Methodist Church. 01243-601032.

Evergreen Social Club: 01243 607398

Fitter Sitters exercise classes (class for the less mobile): Selsey Centre: 01243-603836.

Library events :-

Book Break – Come along and browse new books: 01243-224767.

Read, listen or chat at Selsey Library: 01243-224767.

Reading Group: 01243-602096.

Movies for memories lunch/cinema club: 01243 201616

Musical Afternoon Tea : Methodist Church, High Street: 01243-601032.

RBL Ladies Section: 01243 601426

Read, listen or chat at Selsey Library 01243-224767.

Resbite teas: Two Sundays/month 012434 201616

Selsey U3A: 07710-658331 or: www.selseyu3a.org.uk

Or Membership Secretary Sue on 07710-658331.

Selsey Wood Carvers Club: 01243 604273

‘Sing Your Heart Out’ at St. Wilfrid’s Church, Church Lane. 01243-602312

Tea & Chat at The Evangelical Church, East Beach: 01243-607741.

U3A at The Selsey Centre, Manor Road: 07710-658331.

U3A Canasta & Scrabble Group. Telephone Pamela for more information 011243-604336.

Miscellaneous:

AA meetings at The Methodist Church: 07837-522261.

Carers’ Support. c/o Selsey Information Office, 121 High Street. 01243-201616.

Forget-me-not, Selsey: (Selsey Dementia Action Alliance) Sue Hancock 01243 201616

Manhood Internet Radio: 01243-201616

Slimming World: 01243-605803.

Meals delivered to your door:-

Julies Kitchen Dinner: 07843-774758

Care Homes in Selsey:

Auburn House, Tel 01243 606587

Bill House, Tel 01243 602567

Conifers, Selsey, Tel 01243 602436

Malthouse, 01243 605410

Sussex Grange, Tel 01243 606262

Tenchley Manor, Tel 01243 606060